

GRILLED

SPECIALTIES

New
RECIPES

WRAPS 11.50

CHICKEN RANCH

GRILLED CHICKEN, BACON, LETTUCE, TOMATO, AVOCADO, AMERICAN CHEESE & RANCH DRESSING

JERK CHICKEN

JERK CHICKEN, LETTUCE, TOMATO, JACK CHEESE & HONEY MUSTARD

GRILLED CHICKEN CAESAR

GRILLED CHICKEN, CROUTONS, PARMESAN CHEESE, LETTUCE & HOMEMADE CAESAR DRESSING

CALIFORNIA CHICKEN

GRILLED CHICKEN, LETTUCE, TOMATO, AVOCADO, ROASTED PEPPERS & SWEET CHILI SAUCE

TURKEY BACON MELT

SMOKED TURKEY, LETTUCE, TOMATO, BACON, SALSA & CHEDDAR CHEESE

PULLED BEEF

HUMMUS, YOGURT SAUCE, LETTUCE, TOMATO, RED ONIONS & FETA CHEESE

KALE TUNA CAESAR

TUNA, KALE, RICE, CROUTONS, PARMESAN CHEESE & HOMEMADE CAESAR DRESSING

PULLED CHICKEN

WITH HUMMUS, QUINOA, GUACAMOLE, LETTUCE & TOMATO

Make it
VEGETARIAN

BLACK BEAN / FALAFEL

PANINI 11.50

CHICKEN FAJITA

SPICED CHICKEN, SAUTEED ONIONS, ROASTED PEPPERS & JACK CHEESE

JERK CHICKEN

JERK CHICKEN, LETTUCE, TOMATO, JACK CHEESE & HONEY MUSTARD

BBQ CHICKEN

BBQ CHICKEN, LETTUCE, TOMATO, ONION, PEPPERS, CHEDDAR CHEESE & BBQ SAUCE

L.A. CAESAR

GRILLED CHICKEN, LETTUCE, TOMATO, AVOCADO & SWEET CHILI SAUCE

SUPER CLUB

BACON, TURKEY, HAM, CHEDDAR, LETTUCE, TOMATO, AVOCADO WITH MUSTARD & MAYO

CRAB CAESAR

CHOPPED CRAB MEAT, CAESAR DRESSING, ROMAINE, PARMESAN & CROUTONS

LAVASH 11.50

DOUBLE CHEESE GRILLED CHICKEN & BACON

GRILLED CHICKEN, SWISS & GOATS CHEESE, TOMATO, AVOCADO & SWEETCHILI SAUCE

GRILLED CHICKEN RANCH

WITH PEPPER JACK CHEESE, RED ONIONS, BABY SPINACH & TOMATO