

SHAKES

DELICIOUS

PROTEIN

MORNING GLORY

STRAWBERRY, PINEAPPLE, OATMEAL, WALNUTS & PROTEIN

BANANA NUTS

BANANA, OATMEAL, WALNUTS, ALMONDS, PEANUT BUTTER & PROTEIN

TROPICAL STORM

MANGO, PASSION FRUIT, PINEAPPLE, ORANGE, BANANA, PLAIN YOGHURT & PROTEIN

New
-RECIPE-

AVO KALE COLADA

KALE, PINEAPPLE, AVOCADO, COCONUT SYRUP, ALMOND MILK & PROTEIN

S **10.25** M **11.50** L **13.25**

BOOSTERS

IMMUNE BOOSTER

MANGOSTEEN AND V.M. COMPLETE, MANGO, MELON & PASSION FRUIT

GREEN ENERGIZER

B-COMPLETE, LECITHIN, GRANULES AND VITALGREENS, MANGO, CARROTS, ORANGE & LEMON

WEIGHT WATCHERS

WHEY PROTEIN, L-CARNITINE AND FLAX OIL, BANANA & SKIM MILK

LUCKY CHARM

SPINACH, BANANA, GINGER, AVOCADO, VITAL GREENS, GREEN TEA POWDER & ALMOND MILK

M **10.95** L **\$12.95**

MAKE IT GREEN

S **8.00** M **9.00** L **11.00**

LEAN GREEN

KALE, BANANA, APPLE, CELERY, LEMON JUICE & COCONUT WATER

GOING GREEN

KALE, PINEAPPLE, BANANA & ALMOND MILK

GREENER COLADA

SPINACH, PINEAPPLE, BANANA, PLAIN YOGURT & MATCHA GREEN TEA

NUTRIFIT

BANANA, PEACH, SPINACH, PARSLEY, ALMOND BUTTER & ALMOND MILK

S **9.50** M **11.00** L **13.00**



MILK SHAKES

S **7.35** M **8.35** L **10.35**

- VANILLA
- CHOCOLATE
- STRAWBERRY
- MINT CHOCOLATE CHIP
- BLACK & WHITE
- COOKIES 'N CREAM

SUPPLEMENTS

- ENERGY 1.00
- MULTI VITAMIN
- PROBIOTIC
- FIBER BLEND
- SMART 1.00
- VITAL GREENS 1.75
- B-COMPLETE
- FLAX OIL
- L-CARNITINE
- VM-COMPLETE
- LECITHIN GRANULES 1.75

PROTEIN

- WHEY PROTEIN
- PEA PROTEIN 1.75
- ALMOND/CASHEW BUTTER 1.30

WHIPPED CREAM 0.85