

# SMOOTHIES

A L L N A T U R A L

## FRESH FRUIT

S 7.60 M 8.90 L 10.90

### TROPICAL FRUIT PUNCH

MANGO, PINEAPPLE, BANANA, ORANGE & KIWI

### TROPIC DELIGHT

BANANA, PINEAPPLE, MANGO, STRAWBERRY, GUAVA, COCONUT & MAPLE SYRUP

### BANANGO

BANANA, MANGO, HONEY & PLAIN YOGHURT

### RAINBOW SYMPHONY

STRAWBERRY, BLUEBERRY, RASPBERRY & PEACH

### PIÑA COLADA

PINEAPPLE, BANANA & COCONUT

### MPC

MANGO, PINEAPPLE, CARROTS & GINGER

### PASSION BERRY

STRAWBERRY, PASSION FRUIT, MANGO, PINEAPPLE & PLAIN YOGHURT

### PINK PANTHER

STRAWBERRY, RASPBERRY, MELON & COCONUT

### MANGO MANIA

MANGO, PINEAPPLE & PASSION FRUIT

### BANANA BLUE

BANANA, BLUEBERRY, RASPBERRY & APPLE



### KICK AZZ

RASPBERRY, BLUEBERRY, ORANGE & CRANBERRY

S 8.00

### CHIA CHERRY

MANGO, CHERRY, CHIA SEEDS, HONEY AND COCONUT WATER

M 9.00

### THE BLACKJACK

BANANA, BLUEBERRIES, KALE, GINGER, CINNAMON, HONEY & ALMOND MILK

L 11.00

### APPLE BITE

GREEN APPLES, LEMONADE & SPINACH



## Low Fat FROZEN YOGHURT

S 8.60 M 10.75 L 12.95

### STRAWBERRY SUNRISE

STRAWBERRY, BANANA, FROZEN YOGHURT, HONEY & MILK

### BANANA BERRY INFUSION

BANANA, BLUEBERRY, STRAWBERRY, FROZEN YOGHURT & MILK

### TAHITI GREEN

MANGO, GREEN TEA & FROZEN YOGHURT

New RECIPES

### GUAVA ADVENTURE

GUAVA, PINEAPPLE, ORANGE, GREEN TEA & FROZEN YOGURT

### STRAWBERRY/CARROT TWIST

MANGO, CARROT, STRAWBERRY & FROZEN YOGURT

### PUMPKIN CARAMEL CRUSH

PUMPKIN, CINNAMON, CARAMEL SAUCE & FROZEN YOGURT

### MANGO PINA COLADA

PINEAPPLE, MANGO, PINA COLADA & FROZEN YOGURT

## SUPPLEMENTS

- ENERGY 1.00
- MULTI VITAMIN
- PROBIOTIC
- FIBER BLEND
- SMART
- VITAL GREENS
- B-COMplete
- FLAX OIL
- L-CARNITINE
- VM-COMplete
- LECITHIN GRANULES 1.75

### PROTEIN

- WHEY PROTEIN
- PEA PROTEIN 1.75
- ALMOND BUTTER
- CASHEW BUTTER 1.30

WHIPPED CREAM 0.85